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THE HUMAN SKELETAL REMAINS FROM ROMSEY ABBEY, HANTS., 1973-1979.

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Summary

Inhumed bone representing a minimum of 12 individuals (4 male, 2 possibly male, 1 female and 3 possibly female adults, and 2 children) and a quantity of miscellaneous human bone. One individual showed evidence of diffuse ideopathic skeletal hyperostosis.

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ROMSEY ABBEY, HANTS, 1973 - 1979

This group of inhumations consists largely of fairly small contexts of incomplete and fragmentary skeletons. Many of these remains offer little information, and all that can be done is to list the contents within each context. However, some of the skeletons are fairly complete and in a reasonable condition, and the findings from these are discussed below.

Sexing

Sexing was based on those characteristics of the skull and pelvis which differ in males and females. Also used (though by no means as accurate) were longbone measurements, principally that of femoral head diameter. It should be noted that the characteristics of sexual dimorphism only develop during puberty, so the sexing of immature individuals is not possible. Within this particular group, many of the contexts lacked those parts of the skeleton that make sexing possible, or were too fragmentary. Here it was determined that the group contains at least one female, three possible females, two possible males and four males. The uncertainty arises if only very few of the characteristics survive, or if a skeleton exhibits both male and female characteristics.

Ageing

Ageing is based on attrition of the molar teeth, the fusion or non-fusion of the epiphyses and, in males, the development of the pubic symphysis. The latter is not used for ageing females due to changes in the pubic symphysis which occur with childbirth. The ageing of young individuals is more accurate than the ageing of adults if the dentition is present since age can be gauged from the different stages of tooth development. One individual within this group was aged as 2 years ± 8 months from tooth development. Unfortunately very little dentition of immatures within the group survived. One individual was aged 17-25 years (based on attrition), one was aged 19-28 years (based on the pubic symphysis), one was aged 25-35 years (based on attrition) and two were aged 35-45 years (again based on attrition). Generally, the different contexts could only be said to be adult or immature (based on epiphyseal union).

Stature

Stature can be calculated from longbone lengths, and in many cases this was not possible due to the fragmentary nature of the

bone. Also, sex has to be known as the stature calculations differ for males and females. The few statures obtained within this group were of an adult male at $1.72m \pm 4.66cm$, a male of 25-35 years at $1.77m \pm 3.91cm$, and a male of 35-45 years at $1.71m \pm 4.57cm$.

Dentition

When present, the dentition is recorded using the following formula for adult teeth.

right side of maxilla 8765432112345678 left side of maxilla right side of mandible 8765432112345678 left side of mandible

where	1=medial incisor	5=2 nd premolar
	2=lateral incisor	6=1 st molar
	3=canine	7=2 nd molar
	4=1 st premolar	8=3 rd molar

Deciduous teeth are recorded using the following formula.

right side of maxilla <u>e d c b a a b c d e</u> left side of maxilla right side of mandible <u>e d c b a a b c d e</u> left side of mandible where a=medial milk incisor d=1st milk molar b=lateral milk incisor e=2nd milk molar c=milk canine

Any tooth loss, either post mortem or ante mortem is recorded, along with any pathology and dental anomalies, and the following notation is used.

> /=tooth lost post mortem X=tooth lost ante mortem U=unerupted or congenitally absent O=tooth erupting C=caries present A=abcess

Nine individuals had some surviving dentition (though in only one case was it complete) and of these six had suffered tooth loss ante mortem, two had caries and one had suffered from an abcess.

Pathology

Most of the pathology surviving within this group is degenerative in nature, identified by bony lipping, wearing, pitting and eburnation (or polishing) of the bone. Eight individuals display this to a

greater or lesser degree, and it is found all over the skeleton though more often than not in the spine. One of the skeletons (RA/73/G1) displays diffuse idiopathic skeletal hyperostosis (DISH). also a disease of older individuals and a condition which involves excessive production of bone. The same individual has also suffered a probable rupture of the interosseous ligament of the right ankle, and may have had varicose veins indicated by lumpy areas of periosteal reaction (a thickening of the bone as a result of damage to the periosteum, either from disease or trauma) on the lower legs. Skeleton RA/73/G5 also has some periosteal reaction on its right fibula which may have been caused by the same condition. Four individuals exhibit Schmorl's nodes on the vertebral bodies. These are indentations or lesions on the bodies caused by a herniation of the intervertebral disc and failure of the cartilagenous end plate. One individual has cranial porosity on fragments of its skull. This is a pitting of the bone of the calvarium and is thought to be indicative of iron deficiency anaemia during childhood. Skeletons RA/73/Grave 5 and RA/79/E6 both have probable bunions.

ROMSEY ABBEY, HANTS, SKELETAL INVENTORY

<u>RA/73/A3</u>

1 fragment of longbone, probably radius

RA/73/A7

Skull fragments 1 first metatarsal 1 tarsal 1 metacarpal Fragments of longbone including femur, fibula and humerus

Other remarks. The bones are in an extremely poor condition, with post mortem lesions on the humerus and fibula.

RA/73/A8 Animal bone

<u>RA/73/Ditch N of LCH</u> Right humerus Fragment of clavicle (sternal end)

RA/73/F1

Fragments of skull Left scapula Both humeri Both radii Both ulnae 2 carpals 4 metacarpals 5 hand phalanges 1 right and 4 left ribs + fragments 4 thoracic vertebrae 1 lumbar vertebra 2 segments of sacrum Both pelves Both femora Both tibiae Right fibula 7 tarsals 9 metatarsals 3 foot phalanges animal bone

Also - 1 humeral head

Fragment of left pelvis

1 metacarpal

None of the above are associated with the above individual.

Dentition

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There is also one other premolar and a lower molar (6th or 7th). The molar demonstrates wear, but it would be misleading to try to age the skeleton from this as a) it is not clear if the tooth is a 6 or 7 and b) the upper dentition is unknown, and the opposing molar may have been lost ante mortem.

Age Adult

Sex Female

Pathology

The distal condylar articulations of the femora, and the proximal condyles of the tibiae have lipping around their margins. Also, the lateral edges of the anterior articular surfaces of the femora (where articulation with the patella occurs) demonstrates wear, pitting and eburnation of the bone.

RA/73/Grave 1

Skeleton complete, apart from the left femur and some hand and foot bones.

Dentition

$\frac{876 \times 321123 \times 3278}{876 \times 3211234 \times 678}$

There is evidence of a possible abcess at upper left 7.

Maxilla - large gaps between the anterior teeth suggest that either the 4's and 5's were lost some time before death, giving time for the other teeth to migrate out of place, or there is a congenital absence of the 4's and/or 5's. The upper left 7 is at a severe angle, leaning inwards in a mesial direction into the space left by the previously lost upper left 6.

The lower left 8 has two main roots and one smaller one (the

norm for lower molars is just two roots). The upper 8's each have three main roots and one smaller one (the norm for upper molars is just three roots).

Age 35-45 years (based on attrition rates M1=5+, M2=5+, M3=3)

Sex Male

Stature 1.71m + 4.57cm (using length of humerus)

Pathology

This skeleton appears to demonstrate the presence of diffuse idiopathic skeletal hyperostosis (DISH), a degenerative condition which involves the excessive production of bone. This is best observed on the spine where the vertebral bodies of thoracic 4 to thoracic 11 (inclusive) are fused together by a line of bony growth running continuously along the right side of the vertebral bodies. (resembling wax running down a candle). The insertions of the patellae ligaments on the tibiae are spurred. The distal articulations of both first metatarsals demonstrate severe lipping and breakdown of the This is matched on the first right phalanx at its proximal rims. end. There are small exostoses on the medial side of the cuboid. The head of the first left metacarpal, and distal end of the first left proximal phalanx show pitting and expansion of the bone. The distal end of the fifth right metacarpal shows remodelling of the bone with lesions. Some of the costal notches of the sternum have bony lipping, matched by the same on some sternal rib ends. The sternal ends of the first ribs have ossified costal cartilages. The femora have slight bony lipping around their distal articulations, as do both patellae around their articular rims. Both scapulae have roughening and pitting on their acromions where the clavicles articulate. The lateral ends of both clavicles are distorted with roughening and pitting, although this is more severe on the left. The spine also has lipping on the odontoid process of the axis, and on the body rims of cervicals 4, 5 and 6, and thoracics 1, 2 and 3. The articulations of the latter are also affected, as are those of thoracic 5. Bony lipping of the vertebral bodies also occurs further down the spine on thoracics 11 and 12. The vertebral bodies of lumbars 2 to 4 (inclusive) and thoracic 11 have Schmorl's nodes. There is a swelling on the mid-shaft anterior crest of the right tibia, and both tibiae have periosteal reaction on their medial shafts. Both fibulae also have areas of periosteal reaction,

distally on the right, and medially and proximally on the left. The left ankle demonstrates severe strain and a probable rupture of the lateral ligaments, resulting in expansion and extra bony growth on the fibula, and much extra bone on the areas of insertion of the interosseous ligament on both fibula and tibia. There is spurring on the area of insertion of the soleus on both tibiae and fibulae. It may be that the periosteal reaction on the fibulae and tibiae, where not associated with ligamentous stress, is due to venous stasis (varicose veins). It could be suggested from the general state of this skeleton that the individual may have been a person of some status and richly overfed.

RA/73/Grave 2

 $1 \leq k \leq k \leq k$

Both clavicles Both scapulae Sternum Manubrium Both humeri Both radii Both ulnae 6 right ribs + fragments 4 thoracic vertebrae 3 lumbar vertebrae The bones are broken and fragmented.

Age Adult

<u>Sex</u> Unknown

Pathology

The body of the sternum has a lesion perforating the bone near its proximal end. One lumbar vertebra has lipping around the unbroken superior body rim. This also occurs on some of the thoracic vertebral body rim fragments.

RA/73/Grave 3

Fragments of skull Mandible Both clavicles Both scapulae Sternum Manubrium

Both humeri Both radii Both ulnae 11 carpals 8 metacarpals 3 hand phalanges 1 right rib 6 thoracic vertebrae 5 lumbar vertebrae Sacrum with all 5 segments Both pelves Both femora

Dentition

1 1 2



Loose teeth include 1 lower molar, 1 upper molar, 6 incisors, 4 canines and 5 premolars.

Age 19-28 years

<u>Sex</u> Male

Stature 1.77m + 3.91cm (Based on femoral length)

Pathology

Lipping of the body rims of lumbar 5 and upper sacral segment. Scmorl's nodes occur on the two upper lumbar vertebrae. The thoracic vertebrae present are those from the upper spine, and their bodies are elongated in an anterior direction.

RA/73/Grave 4 Fragments of skull Mandible Both clavicles Both scapulae Sternum Both humeri Both radii Both ulnae 3 carpals 6 metacarpals

12 hand phalanges

9 left and 7 right ribs + fragments

5 cervical vertebrae

12 thoracic vertebrae

2 lumbar vertebrae

Dentition

1 S a



Age Adult

<u>Sex</u> Male

Stature 1.72m + 4.66cm (based on length of radius)

Pathology

The sternal ends of four ribs and both clavicles have wearing, pitting and bony lipping. Many costal pits of the thoracic vertebrae also show this, with vertebral bodies which are elongated anteriorly and have bony lipping. Thoracics 10 and 11 have Schmorl's nodes.

<u>RA/73/Grave 5</u> Both femora Both patellae Both tibiae Both fibulae 14 tarsals 9 metatarsals 14 foot phalanges Animal bone

Age Adult

Sex Unknown

Pathology

The right fibula has an area of non-specific periosteal reaction on the medial shaft. The first metatarsal has a large lesion at the distal medial end over the point at which the articulation begins a probable bunion. There is also some pitting and eburnation on the volar proximal articulation.

<u>RA/74/GA 4</u>

1.1

1 fragment of animal bone

<u>RA/74/GA 5A</u>

2 animal bones

<u>RA/74/J 7b</u>

1 fragment of animal bone

RA/74/17 All the bones are immature Skull fragments 4 right femora) 2 pairs, 3 unpaired 3 left femora 2 right ulnae 1 left ulna 4 left tibiae 3 pairs, 2 unpaired 4 right tibiae > 1 pair of radii 1 left humerus } 1 pair, 1 unpaired 2 right humeri 1 fibula 2 fragments of ?right scapulae 3 right ilea of pelves 1 fragment of vertebral body 4 halves of vertebral arches 7 left and 5 right ribs 2 clavicles - unpaired 3 metatarsals 2 phalanges Other fragments

These bones represent the remains of at least five individuals. No teeth remain, but the size and general development of the bones suggests that all were extremely young.

RA/75/26

1	fra	agmen	t of	humerus	5			
1	fra	agmen	t of	another	longbone			
Bo	\mathtt{oth}	are	very	small,	suggesting	an	immature	individual.

RA/75/29

1 immature cervical vertebra
1 fragment of rib
1 fragment of immature longbone - possibly fibula
1 fragment of animal bone

RA/75/30

Fragments of right clavicle Fragments of scapula A thin fragment of skull - possibly immature Small fragments of longbones

RA/75/33

The following are all immature 1 right femur Both fibulae 4 metatarsals Fragments of skull 3 vertebral bodies Longbone fragments <u>Also</u> A fragment of tibial articulation which comes from a larger individual than the above - either an adult or an older immature individual where the epiphyses are more advanced in development. Therefore this group contains remains from at least two individuals.

<u>RA/75/34</u>

The following are all immature. Fragments of vertebrae Fragments of ribs Fragments of scapulae Fragments of longbones including humerus and femur <u>Also</u> A fragment of skull which, from its thickness, seems to be from an older individual. Again, the group contains remains from at least two individuals.

RA/75/41

Fragments of skull 2 left pelves Fragments of sacrum which articulate with one of the pelves Proximal end of a left ulna Proximal end of a left radius Distal end of a left humerus

Central shaft fragment of femur Fragment of tibial shaft Other longbone fragments 6 vertebral bodies + fragments

The presence of two left pelves shows that this group contains the remains of at least two individuals, both adult.

RA/75/59

V. Argenti

Fragments of skull 1 cervical vertebra Fragment of radial shaft Fragment of calcaneus Fragment of a first metatarsal <u>Also</u> Shaft of humerus Fragments of vertebral arches Fragments of skull

These are all immature and are smaller than the other bones in this group, and so there are at least two individuals represented here.

RA/75/65

Shaft of right femur Fragments of animal bone and teeth

RA/75/66

1 fragment of bone (human)

<u>RA/75/70</u> Fragment of rib Fragments of humerus and radius or ulna

RA/75/72

Both tibiae 4 tarsals Fragments of longbone including femur, radius and fibula The bones are all adult but in very poor condition

RA/75/75

1 metacarpal Rib fragments Fragments of scapula Distal fragment of right humerus All the bones are adult

RA/75/76 All the bones are fragmented Skull Mandible Both scapulae Left humerus Radius Left ulna 1 hand phalanx 4 left ribs and 1 right 1 cervical vertebra 1 thoracic vertebra 2 lumbar vertebrae 2 segments of sacrum Pelvis Both femora Both tibiae 1 tarsal

Dentition

Mandibular right 3, 4, 5, 6, present, the rest of the jaw is missing.

<u>Age</u> Adult (to note the amount of attrition of the mandibular 6 would be misleading as the opposing dentition is unknown)

Sex ?Male

RA/75/78

These bones are immature Fragments of skull Shaft of left tibia

RA/75/81

Shaft of left tibia 2 metatarsals 1 phalanx All are adult

RA/75/85

Distal fragment of adult left tibia

<u>RA/75/87</u>

2 fragments of skull
1 metatarsal
2 small fragments of longbone, 1 of which is fibula or ulna
All are adult

RA/75/88

2 fragments of adult pelvis <u>Sex</u> ?Male

RA/75/89

The following are immature Fragments of skull Fragments of mandible Fragments of ribs 1 right clavicle

Dentition - the teeth are all loose and include
3 adult M6's
3 adult incisors
2 adult canines
4 deciduous molars
5 deciduous incisors
2 deciduous canines
2 deciduous molars in situ

Age 2 years \pm 8 months

RA/75/120

Distal articulation of right fibula 7 right tarsals 8 right metatarsals 1st proximal phalanx All are adult

RA/75/14

1 adult 1st left matatarsal Immature fragment of clavicle Immature rib fragment 1 other fragment RA/75/B1

All the following are fragmented Left pelvis Skull Left patella Left scapula Tibia

<u>Age</u> The bones are large, but both proximal and distal epiphyses of the tibia are unfused, so the age is less than 16 years.

RA/75/B2

All the bones are badly fragmented Left humerus Ulna Right fibula Right patella 4 metatarsals 7 tarsals Tibia Left and right femora Right pelvis All are adult

RA/75/B4

Fragments of left and right pelvis 2 right femora and 1 left Left fibula Left and right tibiae Right humerus Right talus and calcaneus 1 foot phalanx Other fragments

These bones represent some of the remains of at least two individuals. The left femur is too worn and broken to try to pair with the rights. The only femoral head diameter measurement is on one of the right femora and is 50mm. This indicates a male.

 $\frac{RA/75/a}{(goes with RA/75/g)}$

1 skull (no mandible)

Dentition

R 8765432772345678 L

Age 35-45 years (based on attrition rates M1=5+, M2=5, M3=3)

Sex Male

<u>RA/75/g</u> (goes with RA/75/a) Fragments of right pelvis Right radius Right femoral shaft 1 extremely worn incisor or canine

<u>RA/75/b</u> Fragments of skull Both clavicles Both scapulae Both humeri Left ulna 7 left ribs and 3 right 6 cervical vertebrae 6 thoracic vertebrae

Dentition



Maxillary right 3 has caries on the mesial crown.

<u>Age</u> Adult (the absence of any mandibular teeth means that an age obtained from the two maxillary molars based on attrition might be misleading)

<u>Sex</u> Male

Pathology

There is some stress of the area of insertion of the costoclavicular ligament on the left clavicle.

RA/75/c Fragments of skull Mandible Left humerus 1 thoracic vertebra Left pelvis Left femur

Dentition

There are also 3 loose maxillary molars and 2 loose maxillary molars.

Mandibular left 6 has a large caries cavity on the mesial crown and root.

Age 25-35 years (based on attrition rates M1=5, M2=3+)

<u>Sex</u> ?Male

Pathology

There is a large Schmorl's node on the inferior body of the thoracic vertebra (the superior body has broken away).

RA/75/e

Fragments of skull Mandible Left clavicle Left scapula 3 left ribs 4 cervical vertebrae

Dentition

On the right side of the mandible one of the premolars is congenitally absent ie. there was only one premolar, lost post mortem. The left side is normal with two premolars, one of which was lost ante mortem.

Age 17-25 years (based on attrition rates M1=3, M2=2, M3=1)

Sex Unknown

<u>RA/75/f</u> (goes with RA/75/h) Fragments of skull Mandible Right clavicle Both scapulae Right humerus Radius Left ulna 1 metacarpal 3 phalanges 9 left and 2 right ribs + fragments Fragments of vertebrae Sacrum of 5 segments Both pelves

Dentition

 $R \xrightarrow[8]{\times \times 5 \times 3 \times 7 \times 23 \times 5 \times \times 8} L$

There is a caries cavity on the distal crown and root of mandibular left 5.

Age Adult

Sex ?Female

<u>RA/75/h</u> (goes with RA/75/f) Right femoral head and neck Fragment of rib head 1 other

<u>RA/75/j</u> Fragments of ribs

RA/75/soakaway pit 1

Skull fragments Both clavicles Both scapulae Right humerus Right radius Right ulna 1 metacarpal 4 left and 5 right ribs + fragments Fragments of at least 7 vertebrae Both pelves 1 metatarsal

Age Adult

⁸ 6 ÷

Sex Unknown

Pathology

Although broken and fragmented, some of the vertebral articulations display severe pitting and roughening. Some of the vertebral bodies show a breakdown of the rims.

Two vertebral bodies have Schmorl's nodes on both body sides, and one vertebra has one on its inferior body only.

RA/75/soakaway pit 2. Bag 1
Fragments of skull
2 left radii
Right patella
Fragments of scapula
Fragments of calcaneus
2 Metatarsals
1 hand phalanx
Right clavicle
Right pelvis and other pelvis fragments
1 humerus head
Distal fragment of femur
3 right ribs and fragments
This represents the remains of at least two individuals.

RA/75/soakaway pit 2. Bag 2

Fragments of skull Fragments of longbone including femur 1 metatarsal Fragments of scapula

<u>Pathology</u>: some of the skull fragments display cranial porosity (the pitting of the surface of the calvarium thought to be associated with iron deficiency anaemia as a child).

RA/79/D3

Proximal shaft of right femur 1st segment of sacrum Fragment of right pelvis Fragment of skull

Age Adult

<u>ra/79/e2</u>

3rd left metatarsal

RA/79/E5

Right radius Both ulnae 3 carpals 6 metacarpals 10 hand phalanges 2 lumbar vertebrae A sacrum of 5 segments Both pelves Right femur Both patellae Both tibiae Both fibulae 12 tarsals 9 metatarsals 11 foot phalanges

Age Adult

Sex ?Female

RA/79/26

Fragments of scapula Both humeri Both radii Both ulnae 3 carpals 9 metacarpals 10 hand phalanges 8 left and 5 right ribs and fragments 6 cervical vertebrae 9 thoracic vertebrae 5 lumbar vertebrae Sacrum with 4 segments Both pelves Both femora Both femora Both fibulae 10 tarsals 8 metatarsals 5 foot phalanges

Age Adult

Sex ?Female

Pathology

Both patellae, distal femoral articulations and proximial tibial articulations have bony lipping around some areas of their articular rims, and the patellae exhibit roughening and pitting on their medial articular facets. Similarly, both acetabulae of the pelves have areas of roughening and pitting along their inferior rims. Unfortunately the corresponding areas of the femoral heads are missing.

Degenerative disease also occurs in the spine; all the cervical vertebral bodies and articulations are affected in varying degrees. The symptoms are more slight on the upper thoracics, but increase further down the spine, the lower thoracics also displaying wearing and pitting of the costal pits. The articulations of the lumbar vertebrae are severely distorted in shape, with wear and pitting on their surfaces, as are the vertebral articulations of the sacrum.

The right fibula has an osteophyte on its styloid process, and the radius and ulna have some bony lipping around both distal articulations. The same occurs around the proximal articulations of both 1st metacarpals.

The left 1st metatarsal is distorted with a bony growth at the proximal medial articulation and shaft, a probable bunion.